



The European Restless Legs Syndrome Study Group

presents the

## 2nd European Course on Diagnosis and Management of Restless Legs Syndrome

Saturday, 14th December 2019, 8:30 – 15:30



Auditorium "Pavillon", Klinikum Rechts der Isar, Ismaninger Str. 22, 81675 Munich, Germany

A world-renowned faculty will present the most up-to-date and relevant data on RLS and extensive opportunities will be offered to the audience to interact with these RLS experts

Official language: English

### PROGRAMME

#### Morning Session 8:30-10:15

**Chairpersons: Birgit Högl and Roselyne Rjisman**

20-minute lectures followed by 10-minute discussions with the audience (except brief overviews)

- 08:30                    **Welcome and introduction**  
*Birgit Högl (EURLSSG President), Innsbruck, Austria*
- 08:45                    **Diagnosis of RLS, clinical course and comorbidities**  
*Birgit Högl, Innsbruck, Austria*
- 09:15                    **Brief overview: RLS pathophysiology and genetics**  
*Barbara Schormair, Munich, Germany*
- 09:30                    **Brief overview: Epidemiology of primary and symptomatic / comorbid forms**  
*Klaus Berger, Muenster, Germany*
- 09:45                    **RLS severity, diagnostic pathways, and mimics**  
*Roselyne Rjisman, The Hague, The Netherlands*

#### 10:15-10:30 Coffee Break

**Chairpersons: Yves Dauvilliers and Klaus Berger**

20-minute lectures followed by 10-minute discussions with the audience

- 10:30                    **RLS therapeutic approaches:**  
**Current guidelines and general introduction to pharmacological treatment options (10-15 min)**  
*Yves Dauvilliers, Montpellier, France*

#### **Controversy:**

**Dopamine agonists should be the first-line treatment for RLS (10 min.)**  
*Mauro Manconi, Lugano, Switzerland*

**Alpha-2-delta ligands should be the first-line treatment for RLS (10 min.)**  
*Diego Garcia Borreguero, Madrid, Spain*

- 11:15                    **What is augmentation, and how should it be managed?**  
*Diego Garcia Borreguero, Madrid, Spain*
- 11:45                    **Guidelines for iron therapy**  
*Rosalia Silvestri*
- 12:15                    **The patient's perspective**  
*Daragh Bogan, London, UK*

**Interactive Lunch Session: An opportunity for participants to discuss difficult cases with experts**  
**12:30-13:30**

**Afternoon Session**  
**13:30-15:30**

**Chairpersons: Mauro Manconi and Diego Garcia-Borreguero**

- 13:30                    **Treatment guidelines in special conditions: pregnancy and children**  
*Rosalia Silvestri, Messina, Italy*
- 14:00                    **Managing RLS in renal failure, depression, and other comorbidities**  
*Yves Dauvilliers, Montpellier, France*
- 14:30                    **Interactive case discussions**  
*Mauro Manconi, Lugano, Switzerland & Diego Garcia-Borreguero, Madrid, Spain*
- 15:00                    **Q&A session and closing remarks**  
*Roselyne Rjisman, The Hague, The Netherlands & Mauro Manconi, Lugano, Switzerland*
- 15:30                    **Close**

**Sponsored by:**

**AoP Orphan (3.500,- €), Habel-Medizintechnik (3.000,- €), UCB Pharma GmbH (1.500,- €)**

