

About the EURLSSG

The European Restless Legs Syndrome Study Group (EURLSSG) is a non-profit association of RLS experts who are actively involved in RLS research and dedicated to optimizing patient outcomes by continuously improving standards for diagnosis and treatment of RLS.

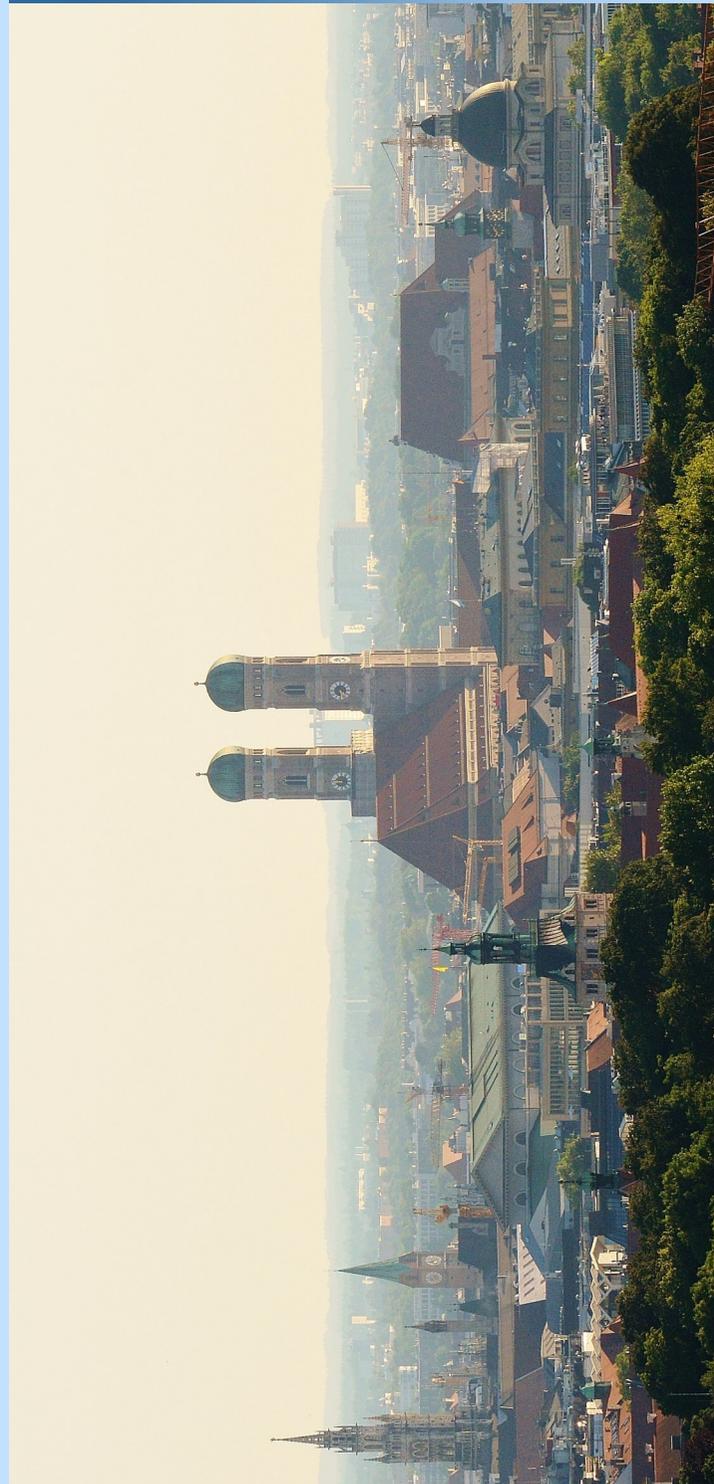
Intended Audience

Healthcare professionals who encounter RLS patients in their clinical practice, including general practitioners, neurologists, and psychiatrists.

Educational Objectives

During this meeting the faculty will:

- Assess the difficulties encountered in diagnosing RLS in clinical practice.
- Review the clinical evidence and available experience with dopaminergic agents and alpha-2-delta ligands and assess whether these agents should be used as first-line treatments.
- Review the clinical implications of the alternatives to first-line agents (e.g. iron therapy and opioids), and how and when should they be used, including in special patient populations and in the context of augmentation.
- Provide a better understanding of how to treat comorbid RLS.



European
Restless Legs
Syndrome Study
Group e.V.



Join us for the
**First European Course on
Diagnosis and Management
of Restless Legs Syndrome**

15th December 2018
in Munich, Germany



Faculty

Klaus Berger, Muenster, Germany
Yves Dauvilliers, Montpellier, France
Diego Garcia-Borreguero, Madrid, Spain
Georgios Hadjigeorgiou, Larissa, Greece
Birgit Högl, Innsbruck, Austria
Joke Jaarsma, Amsterdam, The Netherlands
Mauro Manconi, Lugano, Switzerland
Roselyne Rjisman, The Hague, The Netherlands
Barbara Schormair, Munich, Germany
Rosalia Silvestri, Messina, Italy



Mariensäule and Frauenkirche

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AoP Orphan 3.500 €



Habel Medizintechnik 3.000 €



EARLS 2.500 €



Programme

8:45 a.m. - 6:00 p.m.

- Diagnostic clues to RLS
- RLS pathophysiology and genetics in a nutshell
- RLS mimics and differential diagnosis
- Which laboratory and other exams do I need to diagnose RLS?
- RLS and comorbidity: why is it no longer symptomatic RLS?
- The patient's perspective
- What is augmentation, and how do you recognize it in time?
- Are dopaminergic agents are still first line? How should they be used?
- What is the role of alpha-2-delta ligands? When should they be initiated?
- Opioids in RLS: when and how?
- Iron for all RLS? What is the role of oral and intravenous iron?
- Dealing with augmentation
- RLS in pregnancy
- RLS in children
- RLS in depression
- RLS in Parkinson's disease
- RLS in end-stage renal disease (ESRD)
- Cardiovascular / RLS in multi-morbid patients
- ICD risk in RLS: How should patients be informed, and how do you recognize and prevent it?

Participants will receive a certificate of attendance.
CME accreditation pending from BLAEK, Bavarian Medical Association, Germany.



Manopteros - English Garden

Foto: Shahow Wall, München Tourismus

Christkindlmarkt Ginger Bread

Foto: Lukas Barth, München Tourismus

Further information

Registration :

Please download the registration form from our website.

Course attendees have the possibility of attending a joint dinner on Friday, 14th December with EURLSSG members.

The dinner is a good opportunity to socialize and share clinical doubts with international RLS experts.

Fees:

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|----------------|-------|
| • Non-Members: | 220 € |
| • Members: | 200 € |
| • Students: | 180 € |
| • Dinner: | 50 € |

Contact:

EURLSSG-Office: office@eurlssg.org

For more details please visit: <http://www.eurlssg.org>