

European Restless Legs Syndrome Study Group

Annual Meeting, 10th – 11th December 2010

“Seidlvilla”, Nikolaiplatz 1B, 80804 Munich, Germany



Friday, 10th December 2010

08:30-17:00

08:30 – 08:40 **Welcome and introduction**
Birgit Högl (EURLSSG President), Innsbruck, Austria

Spotlight Presentations I

(presentations including 5-minute discussion)

Chairpersons: **Magdolna Hornyak, Freiburg, Germany**
 Marco Zucconi, Milan, Italy

08:40 – 08:50 **Epidemiological aspects of RLS in Finland**
Markku Partinen, Espoo, Finland

08:50 – 09:00 **RLS in patients with multiple sclerosis: epidemiology and genetics**
Jana Vávrová, Munich, Germany

09:00 – 09:10 **RLS in peri- and post-menopausal women in Italy: data from a multicenter questionnaire-based study**
Rosalia Silvestri, Messina, Italy

09:10 – 09:20 **Long-term effects of iron deficiency anaemia in infancy on tibialis anterior motor pattern during sleep in childhood**
Raffaele Ferri, Troina, Italy

09:20 – 09:30 **PLMS during sleep in narcoleptic patients with or without RLS**
Raffaele Ferri, Troina, Italy

09:30 – 09:40 **PLMS and Mirtazapine**
Stephany Fulda, Munich, Germany

09:40 – 09:55 **PLM and transcutaneous CO²**
Aaro Salminen, Tampere, Finland

09:55 – 10:15 **ID murine model of RLS**
Richard Allen, Baltimore, USA

10:15 – 10:45 Coffee break

Update on RLS Scales

10:45 – 12:15 **Update on scales and interviews in RLS research**
Richard Allen, Baltimore, USA, and Ralf Kohnen, Nuremberg, Germany

12:15 – 13:15 Lunch

Spotlight Presentations II

(presentations including 5-minute discussion)

Chairpersons: Karin Stiasny-Kolster, Marburg, Germany
Olli Polo, Tampere Finland

- 13:15 – 13:25 **MR spectroscopy findings on RLS compared to primary insomnia**
Richard Allen, Baltimore, USA and Ralf Kohnen, Nuremberg, Germany
- 13:25 – 13:35 **RLS in dialysis patients**
GianLuigi Gigli, Udine, Italy
- 13:35 – 13:45 **“Restless bladder” and the boundaries of RLS**
Federica Provini, Bologna, Italy
- 13:45 – 13:55 **The effect of exercise training and dopamine agonists in the amelioration of RLS symptoms: a randomised, double-blind, placebo-controlled study**
Giorgos Sakkas, Larissa, Greece

Spotlight Presentations III

(presentations including 5-minute discussion)

Chairpersons: Juliane Winkelmann, Munich, Germany
Birgit Högl, Innsbruck, Austria

- 13:55 – 14:05 **Update on a case of possible augmentation under methadone therapy**
Birgit Frauscher, Innsbruck, Austria
- 14:05 – 14:15 **Genetic report**
Juliane Winkelmann, Munich, Germany
- 14:15 – 14:25 **What is first, the bird or the egg? Somatization, anxiety and depression: psychological profile of patients with augmentation.**
Magdolna Hornyak, Freiburg, Germany
- 14:25 – 14:35 **European Patient Alliance for RLS (EARLS): an update of the past year**
Sten Sevborn, Borby, Sweden and Joke Jaarsma, Amsterdam, Netherlands
- 14:35 – 15:00 **Coffee break**

State-of-the-art and new hypotheses

Chairpersons: Claudia Trenkwalder, Kassel, Germany
Diego Garcia-Borreguero, Madrid, Spain

- 15:00 – 15:25 **Dopaminergic medication in RLS: Meta-analysis according to the guidelines of the Cochrane Collaboration**
Magdolna Hornyak, Freiburg, Germany
- 15:25 – 16:00 **A unifying model of RLS – call for pros and cons**
Olli Polo, Tampere, Finland

EURLSSG e.V. Business Meeting: (EURLSSG members only)

- 16:00 – 17:00 **General Meeting of the EURLSSG and election of the “at-large” members**
- 19:00 **Dinner at the “DO&CO Restaurant BMW Welt”**

Saturday, 11th December 2010
09:00 – 13:00

Workshop on RLS Augmentation

Chairpersons: Diego Garcia-Borreguero and Ralf Kohnen

New issues in the long-term evaluation of RLS treatment

- 09:00 – 09:10 **Introduction**
Diego Garcia-Borreguero, Madrid, Spain
- 09:10 – 09:35 **Clinic and population-based data on long-term treatment with dopamine agonists**
Richard Allen, Baltimore, USA
- 09:35 – 10:00 **Lack of efficacy vs. augmentation**
Concept: Diego Garcia-Borreguero, Madrid, Spain
Data analysis: Ralf Kohnen, Nuremberg, Germany
Conclusions: Diego Garcia-Borreguero and Ralf Kohnen
- 10:00 – 10:25 **Augmentation: transient vs. progressive. Presentation of five cases**
Luigi Ferini-Strambi, Milan, Italy
- 10:25 – 10:45 Coffee break**
- 10:45 – 11:15 **Pattern of use of medication during long-term treatment — Preliminary analysis.**
Claudia Trenkwalder, Kassel, Germany and Ralf Kohnen, Nuremberg, Germany
- 11:15 – 12:00 **Proposal of an Augmentation Diagnostic Interview (ADI)**
The new ADI
Heike Benes, Schwerin, Germany and Diego Garcia-Borreguero, Madrid, Spain
Proposal of a protocol
Birgit Högl, Innsbruck, Austria
- 12:00 – 12:30 **Augmentation: final thoughts on where we stand now and what is still needed**
Birgit Högl, Innsbruck, Austria

EURLSSG-Meeting and Augmentation Workshop are sponsored by:

F.Hoffmann-La Roche Ltd., Mundipharma, UCB Pharma S.A., Vifor International Ltd., XenoPort Inc.