European Restless Legs Syndrome Study Group

Annual Meeting, 11th – 12th December 2009

Max-Planck-Institute of Psychiatry, Auditorium Kraepelinstr. 2, 80804 Munich, Germany



AGENDA

Friday, December 11th	<u>, 2009:</u>		
09:00 - 09:20	Get-together with coffee and breakfast		
<u>Opening</u>			
09:20 – 09:30	Opening	Marco Zucconi	
Current Activities on	Augmentation Research	Claudia Trenkwalder, Ralf Kohnen (10 min. presentation, 5 min. discussion)	
09:30 – 09:45	Endpoints in augmentation trials (Ralf Kohnen)		
09:45 – 10:00	Considerations for the design of augmentation trials (Diego Garcia-Borreguero)		
10:00 – 10:15	Education in augmentation for augmentation trials (Claudia Trenkwalder)		
Clinical Session	Chairs: Marco Zucconi, Olli Polo (10 minutes presentation, 5 minutes discussion)		
10:15 –10:30	An approach to investigate the timely relationship of improvements in RLS severity, sleep and depression (<i>Magdolna Hornyak</i> , <i>Ralf Kohnen</i>)		
10:30 – 10:45	Thermal hypoesthesia differentiates secondary RLS associated with small fibre neuropathy from primary RLS (<i>Cornelius Bachmann</i>)		
10:45 – 11:00	The course of RLS study (COR-S): First results in RLS and cancer (K. Berger)		
11:00 – 11:30	- Coffee break -		
11:30 – 11:45	A case-control study on RLS in non-dialysed patients with chronic renal failure (Giovanni Merlino)		
11:45 – 12:00	PET data on striatal DAT in RLS (Richard Allen)		
12:00 – 12:15	PLM index and predictive factor for RLS (in children) (Eric Konofal)		
12:15 – 12:30	Relation between RLS and vascular risk factors in patients after stroke and acute coronary syndrome (<i>Mariusz Sieminski</i>)		
12:30 – 12:45	Restless Legs Syndrome and Hypertension: Current status and possible links (Samson Khachatryan)		
12:45 – 13:00	Update Genetics (Juliane Winkelmann)		
13:00 – 14:30	- Lunch -		

Spotlight Presentations	Chairs: Karin Stiasny-Kolster, Magdolna Hornyak	
	(5 minutes presentation, 5 minutes discussion)	

14:30 – 14:40 Time course of PLMS in RLS (Johannes Mathis)
14:40 – 14:50 Acute and chronic effects of exercise on RLS symptoms (Giorgos Sakkas)

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14:50 – 15:00	Functional evaluation (LEP) of small fibers sensory pathways in RLS (Andrzej Bogucki)	
15:00 – 15:10	Relation between RLS and QoL in patients after stroke and acute coronary symptoms (<i>Mariusz Sieminski</i>)	
15:10 – 15:20	Periodic leg movements in sleep are associated with intronic variants in the BTBD9 gene in narcoleptic patients (David Kemlink)	
15:20 – 15:30	Idiopathic RLS in Parkinson's disease – a risk factor or a chance association? (Magdalena Boczarska-Jedynak)	
<i>15:30 – 15:40</i>	A case of augmentation with methadone? (Birgit Frauscher)	
15:40 – 15:50	Nocturnal eating and RLS: A proposal for a European Study (Federica Provini)	

15:50 - 16:15 - Coffee break -

Treatment Session	Chairs: Diego Garcia-Borreguero, Birgit Högl (10 minutes presentation, 5 minutes discussion)	
16:15 – 16:30	Effects of dopamine-agonist treatment on heart rate variability during sleep in RLS (Marco Zucconi, Raffaele Ferri)	
16:30 – 16:45	Effects of acute dopamine-agonist treatment on sleep architecture and NREM Sleep instability in RLS (Marco Zucconi, Raffaele Ferri)	
16:45 – 17:00	Treating RLS with i.v. iron-saccharose (Lena Leissner)	
17:00 – 17:15	Exclusion of placebo responders (Diego Garcia-Borreguero, Ralf Kohnen)	
17:15– 17:30	New tools to improve diagnosis. Experiences with the RLS phone interview (Richard Allen)	
17:30 – 17:45	Synopsis, meta-analysis, quality assessment and synthesis of the randomized trials of dopamine agonists in RLS treatment (G. Hadjigeorgiou, E. Zintzaras)	
17:45 – 18:00	Are the current endpoints valid? (Birgit Högl)	

Cooperation with patient support groups: Chairs: Juliane Winkelmann, Karin Stiasny-Kolster

18:00 – 18:10	First RLS-Brain-Bank in Germany (Habersack)	
18:10 – 18:20	Ideas behind EARLS and how EURLSG and EARLS successfully can work together (Sten Sevborn, Joke Jaarsma)	

EURLSSG e.V. Business Meeting:

18:30 – 19:30	General Meeting of the EURLSSO	G (for EURLSSG members only)
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20:00 Dinner at the restaurant "Café Eisbach", Marstallplatz 3

Saturday, December 12th, 2009, 09:00 - 13:00, auditorium:

Workshop on RLS and Women (see separate invitation and program)

Sponsored by:

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