

Update on scales and interviews in restless legs syndrome research

Richard Allen, Baltimore, USA and Ralf Kohnen, Nürnberg, Germany

In the last decade, a large armamentarium of psychometric methods for restless legs syndrome (RLS) research has been developed. This process is still ongoing, and includes revisions and amendments of established methods as well as new developments that help answer the emerging and diverse research questions in RLS.

This session will summarize the currently available methods and present new developments. The following methods will be presented, including an update on their current status:

- RLS diagnostic procedures: RLS-Diagnostic Index (RLS-DI), Hopkins Telephone Diagnostic Interview (HTDI), Hening Clinical Diagnostic Interview (HCDI), Cambridge-Hopkins RLS Questionnaire- Diagnostic Patient Completed Form (CH-RLSQ).
- RLS severity measures: International RLS Severity Scale: new patient completed version (IRLS-P), RLS-6 validation study, John Hopkins RLS Severity Scale, Pediatric RLS Severity Scale (P-RLS-SS), RLS sleep diary.
- RLS quality of life instruments: Hopkins Quality of Life Scale, European Quality of Life Scale
- RLS Augmentation assessment tools: ASRS 3-items version (severity), Augmentation Diagnostic Interview (AUDI), MPI Augmentation Screening and Diagnostic Checklist.

Several validation studies are starting or ongoing, members of the EURLSSG are invited to participate.